

Welcome back to



We are so excited to back playing once again!

Help to us keep everyone safe by following these simple guidelines:

One way entrance / exit system

From the car park, follow the signs to the main hall using the pathway adjacent to the field

- **the entrance is marked by GYM JAMS flags**
- **arrive at the right time for your session**
- **use the 2m markers on the pathway if queueing**
- **exit through the main entrance**

Face masks

Visitors to our venue are no longer required to wear a face covering, as per government guidance it is now an individual's choice to wear a mask

Social distancing

We are running sessions at a slightly reduced capacity to allow for social distancing

Hygiene

Use our hygiene station

- **on arrival everyone is encouraged to sanitize their hands**
- **when sneezing or coughing follow the advice of 'catch it, kill it, bin it'**
- **we recommend you bring your child's own cup**

Cleanliness

Additional cleaning remains in place, particularly high touch points and all equipment

